

BRAKE

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North Development Lead





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For families

For young people

For professionals

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Press Release: Bereaved young people give Rio Ferdinand tips on 'Being Mum and Dad'.



Child Bereavement UK supports families and educates professionals when a baby or child of any age dies or is dying, or



Information,


Fundraising

Call our helpline
0800 02 888 40



Why Bereavement Support?

 525,048 deaths in England and Wales in 2016
<https://www.ons.gov.uk/peoplepopulationandcommunity/birthsdeathsandmarriages/deaths/bulletins/deathsregistrationsummarytables/2016>

 Every 22 minutes in the UK a parent of dependent children dies (approx 23,600 a year) leaving about 41,000 bereaved children. 111 newly bereaved children every day.

<http://childhoodbereavementnetwork.org.uk/research/key-statistics.aspx>

Children and young people

- ☀️ What do we tell them?
- ☀️ What do they hear?
- ☀️ How can we support them?



Few

Specialist support for vulnerable or traumatised

Good provision for children and young people and their parents/carers



Some

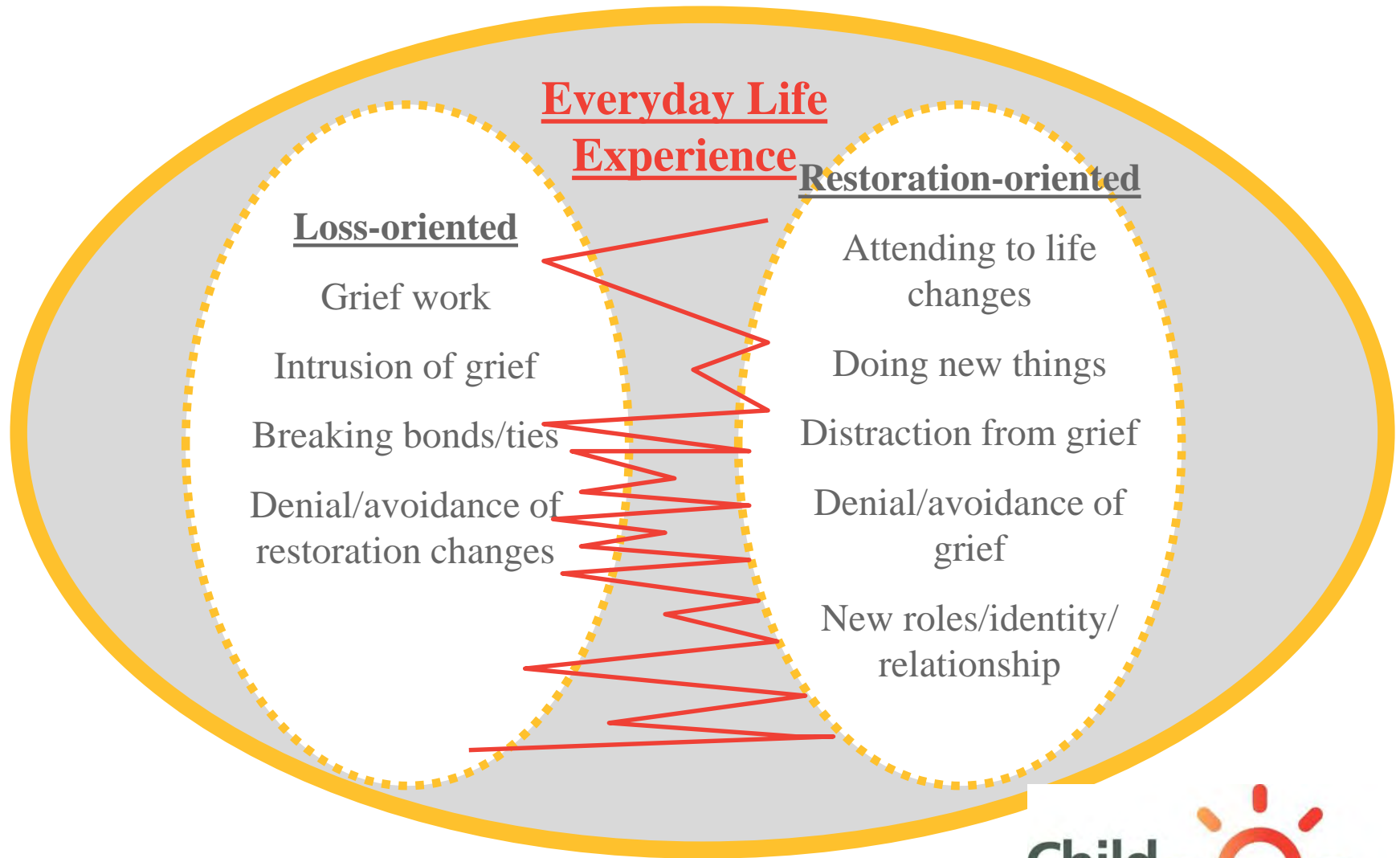
1:1, family/peer/group support

(Most) All

A supportive response from existing networks

The Dual Process Model of Coping with Bereavement

Rationale and Description, Stroebe, M. & Schut, H. (1999, 2010)



Lower Primary School

- ☀️ Egocentric – “magical thinking”
- ☀️ Causality
- ☀️ Struggle with concept of finality
- ☀️ Evolving understanding – death of pets, insects, leaves...

- ☀️ Permission and honesty!



Upper Primary School



- ☀️ Evolving concept of finality, permanence and universality of death
- ☀️ Nevertheless, unsettling and unnerving stage to encounter death in family or peers
- ☀️ Permission and honesty

Puberty and Adolescence

- ☀️ Transitional stage – almost always complicates grief process
 - ☀️ Meaning of life/existentialism
 - ☀️ Personal/social losses
 - ☀️ Friendship changes
-
- ☀️ Permission and honesty



Supportive resources

 Groups.....

 Books

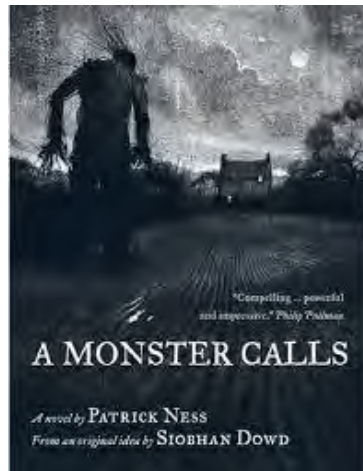
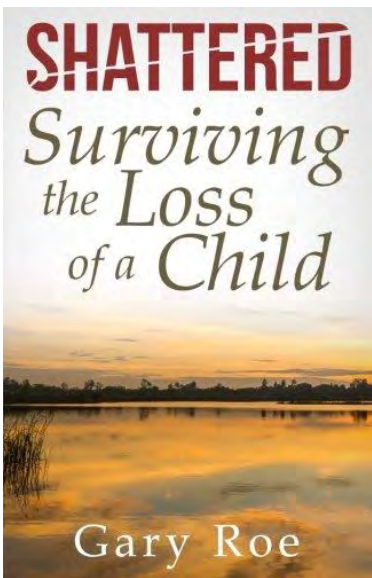
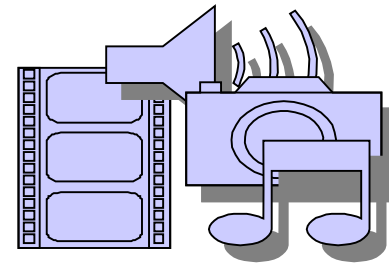
 Activities

 Curriculum

Signposting.....

Death in the Curriculum

- ☀️ Permission and honesty....allow and encourage questions. Use accurate vocabulary
- ☀️ Not just PSHE.... Death could be discussed across the curriculum whenever the topic arises
- ☀️ English; history; RE; science; ecology; media; current affairs.....



Continuing Bonds

Worden: 'The widely accepted notion that the bereaved have to 'let go' of the deceased confuses our understanding of the mourning process.'

J William Worden (2009) 4th Edition, Springer New York